PROGRAM REQUIREMENTS:

Part 1: Honors Coursework (complete 12 s.h. by the end of your 4th full semester in the program.)
- Take an honors class during your first full semester in the program.
- Meet with an honors peer mentor once per year until you have completed 12 s.h. honors coursework.

Part 2: Experiential Learning (earn 12 honors credits by graduation.)
- Can be done through one or more experiences.
- Check the website for the most up to date information at honors.iowa.edu.

HONORS COURSEWORK OPTIONS (MINIMUM 12 S.H.)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Description</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HONR:1100 Honors Primetime</td>
<td>(first-year students only)</td>
<td>1 s.h.</td>
</tr>
<tr>
<td>HONR:1300 Honors First-Year Seminar</td>
<td>(first-year students only)</td>
<td>1 s.h.</td>
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<tr>
<td>Honors General Education Seminars</td>
<td>(see MyUI for offerings)</td>
<td>1-3 s.h. R</td>
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<tr>
<td>Honors section of a regular class (see MyUI for offerings)</td>
<td>Variable R</td>
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<tr>
<td>Honors Contract Course: A regular class contracted for honors credit</td>
<td>Work with instructor to complete an individual, course-related project</td>
<td>Variable R</td>
</tr>
</tbody>
</table>

Experiences followed by an R can be repeated for additional credit towards University Honors, see listing on MyUI for details and restrictions.

EXPERIENTIAL LEARNING OPTIONS* (MINIMUM 12 HONORS CREDITS)

*Honors Reflection Process (required by most experiences in order to earn credit) consists of:
- Pre-experience questionnaire, post-experience questionnaire, narrative reflection
- Late submissions accepted for reduced credit; contact andrew-willard@uiowa.edu

<table>
<thead>
<tr>
<th>Experience</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Honors in the Major (contact your major department for requirements)</td>
<td>12 credits</td>
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<tr>
<td>Mentored Research</td>
<td></td>
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<tr>
<td>- Undergraduate Research Experiences (URES:3992, URES:3993, URES:3994)*</td>
<td>Up to 12 credits; limit 4 per semester/term</td>
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<td>- 1-4 credits per semester</td>
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<tr>
<td>- ICRU Research Fellow (URES:3995)</td>
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<tr>
<td>- Variable credit per semester, based on hours</td>
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<tr>
<td>- Honors Research Practicum (HONR:3994)</td>
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<tr>
<td>- 1-3 credits per semester</td>
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<tr>
<td>Complete Honors Reflection Process for credit if research is paid, volunteer, or registered for 0 semester hours.</td>
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</tr>
<tr>
<td>Honors Writing Fellowship (HONR:3220)</td>
<td>Up to 12 credits</td>
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<tr>
<td>- Serve as a Writing Fellow (paid position, peer tutors are paired with select courses)</td>
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<tr>
<td>- Application required; see Honors Writing Fellows</td>
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</tbody>
</table>
### Study Abroad (complete Honors Reflection Process)

- 1-2 week experience: 1 credit
- 3-5 week experience: up to 2 credits
- 6-9 week experience: up to 3 credits
- 10+ week experience: up to 4 credits

For experiences lasting 6 or more weeks, add up to 3 additional credits for completion of an optional independent project.

Visit Study Abroad for details and instructions.

### Internship (complete Honors Reflection Process)

- For zero-credit internships, credit amounts are same as for Study Abroad (above)
- For credit-bearing internships/practicums, honors credit mirrors amount of registered semester hours (e.g. 1-sh course equals 1 honors credit)
- Register through HONR:3160 Honors Internship, CCP:XXXX, or a departmental internship course. Tippie students should enroll in BUS:3100.
- Teaching/Learning Assistantship (HONR: 3100)
- For other experiences, such as a relevant job, contact andrew-willard@uiowa.edu

See Internships for details, instructions, and late submission procedure.

### Service Learning (complete Honors Reflection Process)

- HONR:3150 Honors Service Learning – service-based independent study
- PHIL:3920 Philosophy in Public – adds an academic component to your service
- Local volunteer service

See Service Learning for options, instructions, and late submission procedure.

### Experiential Coursework** (partial list, see Honors website for all options)

- HONR:3050 Honors Studies
- HONR:3994 Honors Research Practicum
- HONR:4990 Honors Thesis or Project
- BIOC:3800 Biochemistry Teaching Practicum
- BIOL:4898 Communicating Research
- LS:1024 Hawkeye Service Breaks (3 credits)
- POLI:3127 Legislative Policy Seminar
- RHET:2090 Conversation Practicum
- RHET:4980 Special Projects for Undergraduates
- SPAN:3092 Spanish in the Community
- URES:3100 ICRU Research Ambassador
- URES:3995 ICRU Research Fellow (3 credits Fall/Spring, 5 credits Summer; apply by March)
- WRIT:2100 Writing and Community Outreach

### Tippie Rise Experiential Coursework (partial list, see Honors website for all options)

- ACCT:3451 Tax Practicum (VITA) Part II
- ENTR:4100 International Entrepreneurship and Culture
- FIN:4250 Applied Equity Valuation
- FIN:4410 Corporate and Financial Risk Management
- FIN:4420 Property and Liability Insurance
- MGMT:3600 Nonprofit Organization Effectiveness, Part II
- MKTG:3103 Advanced Marketing Research
- MKTG:4275 Social Media Marketing
- MSCI:4150, 4250 & 4350 - Bus An, BAIS and IS Capstones

**Note: College of Engineering students may count select department-specific experiences as experiential learning. Check the departmental website or talk with honors peer mentors for details.

QUESTIONS? Email us at honors-program@uiowa.edu or visit honors.uiowa.edu.

View peer mentor profiles and make appointments honors.uiowa.edu/peermentoringandadvising.